



2024/25 LADY KNIGHTS INDOOR VOLLEYBALL

TRYOUTS – All Grades – June 10th & 11th, 1-3pm in Knights Center Gym



SCAN THE QR CODE AND REGISTER HERE FOR TRYOUTS!

Tryouts include Sizings for all potential Uniforms & Spirit Pack items.

Note: If you are unable to attend tryouts on these dates, please fill out the form and click on the option to set up a Makeup Tryout.

Important Summer Dates

Mandatory Freshman Camp – June 12th & 13th, 12-3pm

All Levels Optional Clinics – Tuesdays & Wednesdays, June 18th-July 24th, 2-3pm

Tuesdays - Setting/Hitting Clinic, Wednesdays - Serve/Pass Clinic

Varsity Setter's Clinics - Mondays 2-3pm or Wednesdays 3-4pm

Summer Practices, Weights & Devotions (M-Th) – July 15th – August 12th

Frosh/JV Practices 12-2pm (Weights 1130am-12pm), Varsity Practices 3-5pm (Weights 5-530pm)

Devotions Usually Mondays: 30mins following training.

"Workout" Week – July 29th – Aug 2nd

Frosh/JV Training 9am-12pm, Varsity Workout 9-1030am/Varsity Practice 1-4pm

Devotions Usually Mondays: 30mins following training.

Summer Queens Court Tournament, Orange County (All Levels) – August 3rd & 4th

Important Fall Dates

Fall Training Begins – August 13th - through end of season. M-F on Non Match Days.

JV/Frosh Practices: Mon 315-515pm, Wed 515-715pm, Fri 315-515pm (In VG) (Devotions Usually Mondays 515-545pm)

Varsity Practices: M 515-715pm, Wed 315-515pm, F 315-515pm (Devotions Usually Mondays 445-515pm)

Match Schedule -

Scan the QR Code for access to the Match Schedules for the season.



Tournament Schedule -

Frosh Tournaments:

-Freeway Games: Aug 24th

(Corona)

-Mountain View Inv.: Sept 7th

(Norco)

-Cardinal Classic.: Sept 21st

(Whittier)

JV Tournaments:

-Chatsworth Inv.: Aug 17th

(Chatsworth)

-Mountain View Inv.: Aug 24th

(Norco)

-Cardinal Classic.: Sept 14th

(Whittier)

Varsity Tournaments

-OC Invitational: Aug 24th

(Fullerton)

-Freeway Games: Sept 27-28th

(Corona)

-Nike TOC: Oct 4-5th

(Arizona)

Romans 12:10-12: "Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer."

OTHER IMPORTANT DATES

- **Coed League Fundraiser Nights** – Thursdays, May 23rd – August 1st, 6-11pm
(Varsity players are required to work 2-3 nights each.)
- **Mandatory Interactive Parent Meeting** – June 24th, 6pm
(In upstairs Knights Center Banquet Hall)
- **Team Store Opens** - June 24th (Closes June 28th + July 8-9th)
- **Physicals Due** – July 15th (On School Clinic Held May 18th)
- **Program Gym Sleepover** – July 19-20th, 6pm-8am
- **Picture Day** – August 2nd (Frosh 1pm, JV 130pm, Varsity 2pm)
 - **Varsity Test** – August 2nd, 3pm
 - **Varsity Alumni Game** – August 2nd, 6pm
- **Summer Team Bonding** – JV July 26th, Frosh July 26th, Varsity Aug 5-9th
 - **JV/Frosh Week Off** - Aug 5-9th
 - **Parent Practice** - Aug 20th
- **Pac 12 College Match** – TBA (Tentatively August 31st)
 - **Service Day** – September 9th, 330pm
 - **Fall Team Bonding Events** – September 20th
 - **Senior Night** – October 10th, 6pm
 - **JV/Frosh Season Ends** – October 10th
 - **Varsity Middle School Practice** – October 14th
 - **Varsity Playoffs Begin** – October 22nd
- **Varsity Last Possible Season Date** – November 23rd
- **Team Banquets (Tentative)** – Frosh/JV October 28th, Varsity December 2nd

Full Season Calendars

Scan QR codes for access to each separate team calendar.

Frosh



JV



Varsity



ALL dates/times are subject to change.

If you have any questions, please feel free to contact me!



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Don't forget, we now have Beach Volleyball in the Spring!