



2023/24 GIRLS INDOOR VOLLEYBALL

TRYOUTS – All Grades – June 12th & 13th, 1-3pm in Knights Center Gym



**Scan the QR Code &
REGISTER HERE for Tryouts!**

Tryouts include Sizings for all potential Uniforms & Spirit Pack items.

Note: If you are unable to attend tryouts on these dates, please fill out the form and click on the option to set up a Makeup Tryout.

Important Summer Dates

Mandatory Freshman Camp – June 14th & 15th, 12-4pm

All Levels Optional Clinics – Tuesdays & Wednesdays, June 20th-August 2nd, 2-3pm (No 7/4)

Summer Practices, Weights & Devotions (M-Th) – July 10th – August 14th

Frosh/JV Practices 12-2pm (Weights 1130am-12pm), Varsity Practices 3-5pm (Weights 5-530pm)
Devotions Wednesdays: 30mins following training.

Summer Matches - TBA

The plan is to NOT attend the Coyote League this season, but plan another option. Will replace practice when scheduled.
More info TBA.

“Workout” Week – August 7th – 11th

Frosh/JV Training 9am-12pm, Varsity Workout 9-1030am/Varsity Practice 2-5pm

Summer Queens Court Tournaments, Orange County – August 5th & 6th

Important Fall Dates

Fall Training Begins – August 15th - through end of season. M-F on Non Match Days.

JV/Frosh Practices: 315-515pm (Devotions Usually Wednesdays 515-545pm)

Varsity Practices: M-Th 515-715pm, F 315-515pm (Devotions Usually Wednesdays 445-515pm)

Match Schedule -

Scan the QR Code for access to the Match Schedules for the season.



Tournament Schedule -

Frosh Tournaments:

- Freeway Games: 8/26
- Mountain View Invitational: 9/9
- Gabrielino: 10/14

JV Tournaments:

- Tesoro: 8/26
- Freeway Games: 9/9
- Whittier: 9/16

Varsity Tournaments:

- Tesoro Volleyball
- Championships: 8/18, 19 & 21
- Dave MOHS: 9/8-9
- Nike Tournament of Champions (Phoenix): 9/29-30

OTHER IMPORTANT DATES

- Coed League Fundraiser Nights** – Thursdays, June 1st – August 3rd, 6-10pm
(Players are required to work 2 nights each summer.)
- Mandatory Parent Meeting** – June 26th, 6pm
(In upstairs Knights Center Banquet Hall)
- Physicals Due** – July 10th
- Picture Day** – July 31st
- Summer Team Bonding** – Frosh & JV July 31st, Varsity July 31st-August 1st
- Varsity Alumni Game** – August 4th, 6pm
- Varsity Test** – August 11th, 1pm
- Program Gym Sleepover** – August 11th-12th, 6pm-8am
- Fall Team Bonding** – September 1st
- Pac 12 College Match** – TBA (Tentatively Sept 2nd)
- Service Day** – September 11th
- Varsity Middle School Practice** – October 4th
- Senior Night** – October 12th, 5:45pm
- JV/Frosh Season Ends** – October 12th/14th
- Varsity Playoffs Begin** – October 16th
- Varsity Last Possible Season Date** – November 18th
- Team Banquets** – November 27th (Tentative)

Full Season Calendars

Scan QR codes for access to each separate team calendar.

Frosh



JV



Varsity



ALL dates/times are based on a typical schedule & are subject to change

If you have any questions, please feel free to contact me!



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Psalms 18:34-35
"He trains my hands for battle. My
arms can bend a bow...and your
right hand sustains me; your help
has made me great."

Don't forget, we now have Beach Volleyball in the Spring!