

| ju\|V |  |  |  |  | 2023sAt/sun |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |  |
| 26 June | 27 | 28 | 29 | 30 | 1/2 July |
| $3$ <br> NO PRACTICE | 4 <br> NO PRACTICE | 5 <br> Practice: <br> 3:30-6:30pm | 6 <br> Practice: <br> 3:30-6:30pm <br> Frosh/Soph Passing Tournament @ Upland HS | 7 <br> Practice: 8:00-10:00am | 8/9 <br> 7on7 \& Lineman Competition @ Baldwin Park HS |
|  |  |  |  |  |  |
| 10 <br> Practice: 3:30-6:30pm | 11 <br> Practice: <br> 3:30-6:30pm | $12$ <br> Practice: <br> 3:30-6:30pm | $13$ <br> Practice: 3:30-6:30pm | 14 <br> Practice: <br> 8:00-10:00am | 15/16 <br> Lineman Competition @ Redlands east Valley HS 7on7 @ Ocean View HS |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| $17$ <br> Practice: 3:30-6:30pm | $18$ <br> Practice: 3:30-6:30pm | $19$ <br> Practice: 3:30-6:30pm | $20$ <br> Practice: 3:30-6:30pm | 21 <br> Practice: 8:00-10:00am | 22/23 |
|  |  |  |  |  |  |
| 24 | $25$ <br> Practice: 3:30-6:30pm | $26$ <br> Practice: 3:30-6:30pm | $27$ <br> Practice: 3:30-6:30pm | 28 <br> Practice: <br> 8:00-10:00a m <br> Team Retreat 28th-30th | 29/30 <br> Team Retreat 28th-30th |
| Practice: <br> 3:30-6:30pm |  |  |  |  |  |
|  |  |  |  |  |  |
| $31$ <br> Practice 3:30-6:30 | 1 August | 2 | 3 | 4 | 5/6 |

## august

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 31 July | 1 August <br> Practice: <br> 3:30-6:30pm | $2$ <br> Practice: 3:30-6:30pm | $3$ <br> Practice: 3:30-6:30pm | 4 <br> Practice: 8:00-10:00am | 5/6 |
| $7$ <br> Practice: 3:30-6:30pm | 8 <br> Practice: 3:30-6:30pm | $9$ <br> Practice: 3:30-6:30pm | $10$ <br> Practice: 3:30-6:30pm | 11 Scrimmage TBA | 12/13 |
| 14 <br> GAME WEEK \#1 <br> Practice: <br> 3:20-5:00pm <br> MNF 5:15-6:30 | 15 <br> Practice: <br> 3:20-5:30 | 16 <br> Practice: <br> 3:20-5:30 | 17 <br> JV @ St. Margarets HS <br> 4:00pm <br> Practice: <br> 3:20-5:00 | $\begin{aligned} & 18 \\ & @ \text { St Margarets } \\ & \text { 7:00pm } \end{aligned}$ | 19/20 <br> Run Lift Film 9:00-11:00am |
| 21 | 22 | 23 | $24$ <br> JV Home vs Bonita HS 4:00pm | $25$ <br> Home vs Bonita HS 7:00pm | $26 / 27$ <br> Run Lift Film 9:00-11:00am |
| 28 | 29 | 30 | 31 <br> JV @ Los Angeles Brentwood HS 4:00pm | 1 September | 2/3 |
| 4 | 5 | 6 | 7 | 8 | 9/10 |

## september

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 28 August | 29 | 30 | 31 | 1 September <br> @ Los Angeles BrentwoodHS 7:00pm | $2 / 3$ <br> Run Lift Film 9:00-11:00am |
| 4 | 5 | 6 | $7$ <br> JV Home vs Adelanto HS 4:00pm | 8 <br> Home vs Adelanto HS 7:00pm | $\begin{aligned} & \text { 9/10 } \\ & \text { Run Lift Film } \\ & \text { 9:00-11:00am } \end{aligned}$ |
| 11 | 12 | 13 | $14$ <br> JV Home vs Bishop Union HS 4:00pm | $15$ <br> Home vs Bishop Union HS 4:00pm | $\begin{aligned} & 16 / 17 \\ & \text { Run Lift Film } \\ & \text { 9:00-11:00a m } \end{aligned}$ |
| 18 | 19 | 20 | 21 | 22 BYE | 23/24 |
| 25 | 26 | 27 | $\begin{aligned} & 28 \\ & \text { JV @ Big Bear HS } \\ & \text { 4:00pm } \end{aligned}$ | 29 | 30/1 October <br> @ Big Bear HS 2:00pm |
| 2 | 3 | 4 | 5 | 6 | 7/8 |

## october

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 25 September | 26 | 27 | 28 | 29 | 30/1 October |
| 2 | 3 | 4 | 5 <br> JV Home vs Valley Christian HS 4:00pm | 6 <br> Home vs Valley Christian 7:00pm | $7 / 8$ <br> Run Lift Film 9:00-11:00am |
|  |  |  |  |  |  |
| 9 | 10 | 11 | $\begin{aligned} & 12 \\ & \text { JV @ Village Christian } \\ & \text { 4:00pm } \end{aligned}$ | $13$ <br> @ Village Christian 7:00pm | $14 / 15$ <br> Run Lift Film 9:00-11:00am |
|  |  |  |  |  |  |
| 16 | 17 | 18 | $\begin{aligned} & 19 \\ & \text { JV @ Aquinas HS } \\ & \text { 4:00pm } \end{aligned}$ | 20 <br> @ Aquinas HS 7:00pm | $21 / 22$ <br> Run Lift Film 9:00-11:00a m |
|  |  |  |  |  |  |
| 23 | 24 | 25 | $26$ <br> JV Home vs Heritage Christian 4:00pm | 27 <br> Home vs Heritage Christian 7:00pm | $\begin{aligned} & \text { 28/29 } \\ & \text { Run Lift Film } \\ & \text { 9:00-11:00am } \end{aligned}$ |
|  |  |  |  |  |  |
| 30 | 31 | 1 November | 2 | 3 | 4/5 |

november

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 30 October | 31 | 1 November | 2 | 3 1st Round Playoffs | $\begin{aligned} & \text { 4/5 } \\ & \text { Run Lift Film } \\ & 9: 00-11: 00 \mathrm{am} \end{aligned}$ |
| 6 | 7 | 8 | 9 | 10 ${ }^{\text {Quarterfinals }}$ | $11 / 12$ <br> Run Lift Film 9:00-11:00am |
| 13 | 14 | 15 | 16 | 17 | $18 / 19$ <br> Run Lift Film 9:00-11:00am |
| 20 | 21 | 22 | 23 | 24 CIF Finals | $25 / 26$ <br> Run Lift Film 9:00-11:00am |
| 27 | 28 | 29 | 30 | 1 December | 2/3 |
| 4 | 5 | 6 | 7 | 8 | 9/10 |

## december

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 27 November | 28 | 29 | 30 | 1 December State Regional | $\begin{aligned} & 2 / 3 \\ & \text { Run Lift Film } \\ & \text { 9:00-11:00a m } \end{aligned}$ |
| 4 | 5 | 6 | 7 | 8 <br> State Championship | 9/10 |
| 11 | 12 | 13 | 14 | 15 | 16/17 |
| 18 | 19 | 20 | 21 | 22 | 23/24 |
| 25 | 26 | 27 | 28 | 29 | 30/31 |
| 1 January | 2 | 3 | 4 | 5 | 6/7 |

