

“Don’t let anyone look down on you because you are young, but set an example for believers in speech, in life, in faith, and purity.” I Timothy 4:12



It's time to begin thinking about the 2022-2023 basketball season. It is still a work in progress to know exactly how the summer will look for basketball. We are once again planning on entering the Glendora summer league. The official schedule for the summer league has not been provided yet while waiting on the finalized schedule from Glendora. It looks like we will be playing two games a week for a total of 8-10 games during the early part of June and into July. We are also looking at entering into a SCIBCA Tournament showcase this summer. The dates for that still need to be finalized. The tournament would be a two-day event towards the end of June. Below you will find a tentative schedule of the summer schedule.:

Dead Period: May 29 - June 12

Summer Season Schedule: June 13 - July 21

The summer season practice schedule will begin in May. A detailed calendar of the summer season will be provided once the Summer League game schedule is finalized. The practice schedule will run Monday through Thursday, with no Friday practice. The practice time will be as follows:

- Practice: 8-10 AM
- Strength Training: 10-11 AM

Sports Physicals

When: TBA **Time:** TBA **Cost:** TBA

Where: TBA

Why: All athletes must have a physical done each year in order to participate in sports. Also, by doing this at OCHS, all proceeds will directly benefit the students through the Athletic Training Department.

Questions: Contact Mrs. Amber McKee, MS ATC

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