



## GIRLS BASKETBALL 2021

Summer basketball is finally here! We appreciate your patience as we just finished our season one week ago. Due to this past season's shortage in player and skill development, we will spend all of our time this summer perfecting our game and strengthening our weaknesses so that we can again, make another run at a CIF and state title. We appreciate your patience and we are excited to get our season rolling. We look forward to meeting all the incoming freshmen and developing the future of our program. Below is our schedule for the summer:

### **Dead Period: May 28<sup>th</sup> - June 20<sup>th</sup>**

-Dead period has already finished.

### **Tryouts: ALL GRADES- July 5<sup>th</sup> and 6<sup>th</sup> from 10am-12pm**

-We will have 2 teams(Varsity and JV).

-If you are unable to make tryouts, a make up day needs to be situated beforehand with Coach Matt.

-Everyone that makes a JV or Varsity roster will then be allowed to participate in our summer development program.

### **Summer Practices: July 7<sup>th</sup> - July 30<sup>th</sup> Mon-Fri**

-Monday: 10am-12pm in the gym and 12pm-1pm in the weight room

-Tuesday: 10am-12pm in the gym and 12pm-1pm outside strength/speed/agility/conditioning(bring outside shoes)

-Wednesday: 10am-12pm in the gym and 12pm-1pm in the weight room

-Thursday: 10 am-12pm in the gym and 12pm-1pm outside strength/speed/agility/conditioning(bring outside shoes)

-Friday: 10am-12pm in the gym

### **Summer League/Tournaments: TBA**

-As we find out more and restrictions are lifted, we will do our best to add games and tournaments. As soon as anything becomes available, you will be notified immediately.

### **\*\*\*Sports Physicals\*\*\***

When: Saturday July 17, 8am-12pm

Where: Chino Hills Family Medical Group(15361 Central Ave. Chino, CA. 91710

Cost: \$30 cash only(all proceeds donated to OC athletic training).

**\*APPOINTMENTS REQUIRED\* call (909) 393-7171**

Feel free to contact me if you have any questions whatsoever

### **Matt Tumambing**

Head Girls Basketball Coach

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**Galatians 6:9** "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."